



THE GOORA GAZETTE



inside this issue



- Calendar
- Ms Lacey's Message
- Behaviour Focus
- Growth Mindset Affirmation

- Noticeboard
- From the Classrooms
- Family Fun Day
- Life Education Van

- Cross Country
- Small Schools' Art Show
- Jacinta Mackenzie-Art Camp
- Community Classifieds



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educating hearts and minds

Term 2 2019

W	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4	20 May	21 May Resilient Kids Active Rural Kids	22 May Responsible Pet Ownership K-2 Ms Lacey - Education Forum Armidale	23 May UNE Discovery Bus - Somerton PS	24 May Science Day at Duri PS	25 May	26 May
5	27 May	28 May Resilient Kids Active Rural Kids	29 May Autism Awareness Training - All staff 4pm	30 May	31 May Special Assembly 9:45 Biggest Morning Tea 11am Mr Young Visit	1 June	2 June
6	3 June	4 June Resilient Kids Active Rural Kids	5 June	6 June Principal Meeting - Ms Lacey	7 June Tennis Yrs 3-6	8 June	9 June
7	10 June Queen's Birthday Holiday	11 June Resilient Kids Active Rural Kids	12 June Autism Awareness Training - All staff 4pm	13 June	14 June Tennis Yrs 3-6	15 June	16 June
8	17 June	18 June Resilient Kids Active Rural Kids	19 June	20 June Ngaya Girl's Program	21 June Mr Young visit 1.15pm Tennis Yrs 3-6	22 June	23 June
9	24 June	25 June Active Rural Kids	26 June	27 June Ngaya Girl's Program	28 June Special Assembly 9.45am Tennis Yrs 3-6	29 June	30 June
10	1 July	2 July Active Rural Kids	3 July	4 July Ngaya Girl's Program	5 July NAIDOC Day	6 July	7 July

*Ms Lacey's
Message.....*

WOW! What a busy past two weeks its has been here at Somerton. The students have been kept very busy with a range of experiences to engage in including the Cross Country Carnival at Moonbi PS, the Active Rural Kids Program, Family Day and Life Education Van. This week we are fortunate enough to be having a visit from the UNE Science Discovery Bus on Thursday and then joining the other schools from the Winanga-li Learning Alliance for a Science Day to be held at Duri PS on Friday. All these experiences are so important for our children to participate in. Not only are they all a valuable part of the curriculum but they provide so many rich social experiences for our students as well.

This week will also see the beginning of the 5 week Resilient Kids Program. This program is brought to us by Centacare. This program aims to develop resilience, increase children's ability to cope with a variety of situations, provide opportunities for self-expression, increase self-esteem, reduce feelings of isolation, enhance kids communication abilities and increase skills to cope with change.

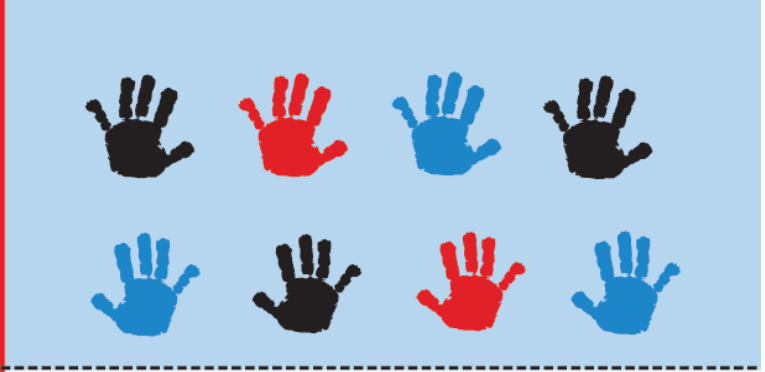
I would like to thank all who came along to our Family Day to celebrate families and their importance in the lives of our children and in our community. We were very lucky to have Centacare, New England Northwest Family Referral Service, Tamworth Family Support Service and The Benevolent Society all in attendance for the day. We are very fortunate to have such wonderful services available in Tamworth. Each of these organisations are there to support families in many ways and it was great that they could come out and share with the community the ways they can help.

Kylie Lacey

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Kylie Lacey

Kylie Lacey



Behaviour of the Week Focus
I am a good sport.

Growth Mindset Positive Affirmation of the Week
All things are difficult before they are easy.

Growth Mindset Positive Affirmation of the Week
All things are difficult before they are easy.

All things are difficult before they are easy.



Small Schools' Cross Country Carnival at Moonbi Public School



Mother's Day Stall



Noticeboard

Woolworths Earn & Learn

Somerton Public School has registered for this year's Earn & Learn Promotion which has begun and will run until 25th June.



Extra token sheets are available from the office. You can deposit your token sheets into the collection box located in the lounge area of the administration building. Somerton PS also has a collection box inside the Woolworths store at Eastpoint, Tamworth.

Friday Lunches

Students may purchase lunch each Friday for \$3 which includes a main dish, jelly or custard and a popper. We will let you know by Thursday what the week's menu will be and thank you to the wonderful parents who have cooked for the students so far.

Somerton Public School Nut Policy

We have a current student who is severely allergic to nuts and in accordance with the policy of the Department, peanuts, tree nuts(which include but are not limited to, almonds, brazil nuts, cashews, chestnuts, hazelnuts, macadamia nuts, pecans, pistachios, pine nuts, shea nuts and walnuts) and nut products will be excluded from Somerton Public School. This does not include foods labelled "may contain traces of nuts".

Please ensure that peanuts, tree nuts and nut products are not used as ingredients for food being provided from home in school lunch boxes.

If you would like further information please do not hesitate to contact the school.



From the classrooms....

Pelicans

What a great week it has been in the Pelicans room. Students have continued to work hard on their daily sounds and it is very evident that there is lots of practise going on at home as well. Students are making great attempts in their writing and are implementing their knowledge of the sounds learned so far.

During history lessons we have been learning about families and the past and present. We have looked at how families have changed over time Mrs Pollard showed students what it means to have generations in a family by showing a family tree.

In PDHPE we have been learning about Friendships and how important they are. We have focused on what makes a good friends and how we can be good friends.

On Thursday of last week we had a fabulous time celebrating families at our Family Day and on Friday we welcomed some new friends from Carroll PS to join us to meet Harold in the Life Education Van.



From the classrooms....

Kookaburras

It's week 4 Kookaburras have been continuing to work hard everyday. Last week in writing we used the text, *My Two Blankets* by Freya Blackwood to continue our study of friendship within stories. In this story we meet a young girl who has been forced to move to a country because of war in her own. When she arrives she is unable to communicate with any one until she meets a girl in the park. Students used inferences and empathy to discover how the characters were feeling and looked closely at the colours the illustrator used to evoke feelings in the reader.

During maths there has been a focus on money. Students can identify Australian coins and notes and know the value of each. This week they are focusing on using money to practise their addition and subtraction skills and strategies. I encourage parents to assist students in their money skills outside the classroom by including them in discussions about money at home or at the shops. Money isn't just used to be spent. It can also be saved, donated and invested. Students discovered this when we read 'The Great \$20 Adventure' by Effie Zahos.

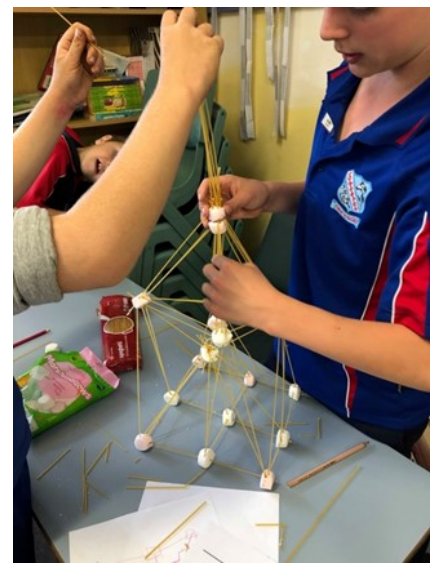
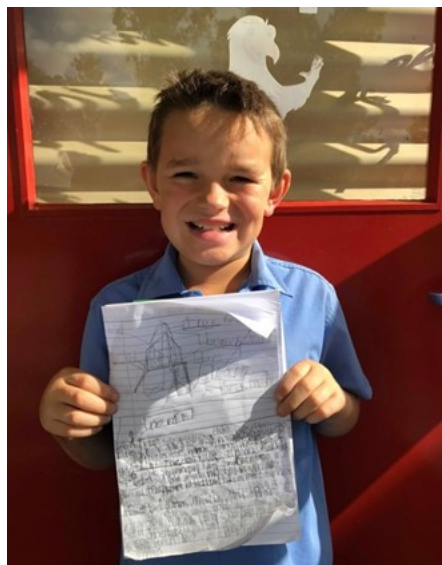


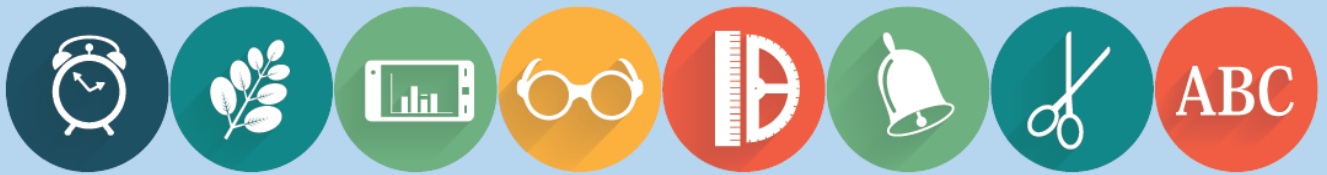
From the classrooms....

Eagles

Wow! It's been a busy start to the term with lots of exciting things happening at school. The past couple of weeks have seen us participate at Moonbi Cross Country day, we had lots of fun at the Family Fun Day and learnt lots in the Life Education Van. Whilst Carroll Public School was visiting we worked with them in a STEM challenge, involving designing and creating the tallest tower possible out of marshmallows and spaghetti sticks. Sounds simple, but very challenging!

Congratulations to Tom Henry for receiving the Week 2 Citizenship award for taking pride in his bookwork. Tom has been trying extra hard to make sure all his writing is really neat. Congratulations to Howard Mackenzie for the Week 3 Citizenship award for always completing his work without a fuss. Howard always gets in and gets his work done, all while trying his best!





Family Day

On Thursday 16th May we celebrated Families Week by holding a Family Day at school. Families are very important in the lives of our children and in our school and community. It is vital that we work together to keep families strong. We invited Centrecare, New England Northwest Family Referral Service, Tamworth Family Support Service and The Benevolent Society to join us. These are all valuable local organisations who will engage and assist families in a variety of ways. Thank you to all who attended and had fun with our students. What a great day!



Life Education Van

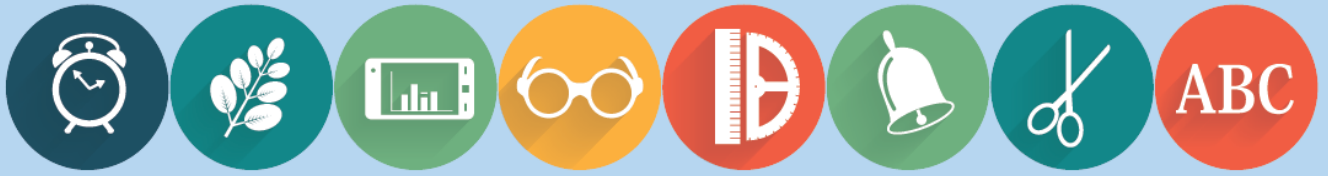
Last Friday Carroll Public School came over to our school and shared with us a very special visit from Happy Healthy Harold and Miss Erin who arrived in the Life Education Van. In the van students enjoyed animated stories, engaged in hands-on activities, sung songs, and took part in discussions and problem solving with their peers.

Kindergarten participated in the 'My Body Matters' lesson which focused on things children can do to keep themselves healthy - covering hygiene, nutrition, physical activity, and safety at home, school, and in the community.

Years 1 and 2 completed the 'Safety Rules' lesson and investigated safety in a range of situations and environments, people and places to go to for help, and how friends can care for and support each other.

'Mind Your Medicine' was the interactive lesson that 3-6 participated in. It focused on developing students' understanding of medicines and their safe use, positive communication, strategies for managing conflict, stress, and bullying and how feeling influence the choices that we make.





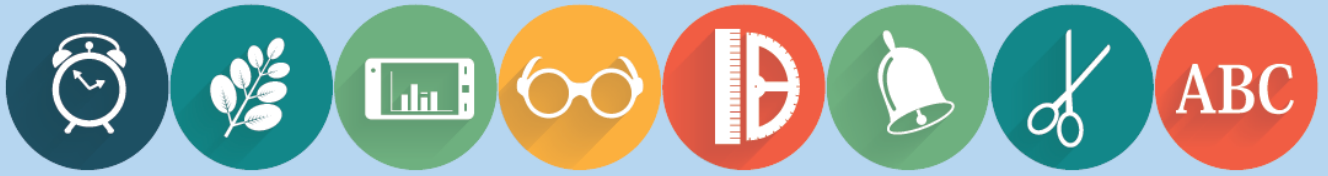
Cross Country

On Friday, 10th May students travelled to Moonbi Public school to compete in the Bective Cross Country Carnival. All students are to be congratulated on the way that they conducted themselves throughout the day. They displayed great sportsmanship when they competed and cheered and encouraged each other from the sidelines. All staff came home incredibly proud of their students.

Congratulations the following students who placed in their age division.

Aleah Johnstone	3rd	5 years Girls 1km
Aggie Daly	2nd	7 years Girls 1km
Jye Booby-Woodward	2nd	10 years Boys 2km
Jacinta Mackenzie	1st	11 years Girls 3km
Ariella Vallender	2nd	11 years Girls 3km
Ryan Davies	1st	12 years Boys 3km





Small Schools' Art Show

Well done to everyone who entered artwork in the Small Schools Art Show at Currabubula. Congratulations to Sophee Kneipp, Clay Childs, Ryan Davies, and Myra Harvey who received ribbons for their amazing efforts!



Art Camp

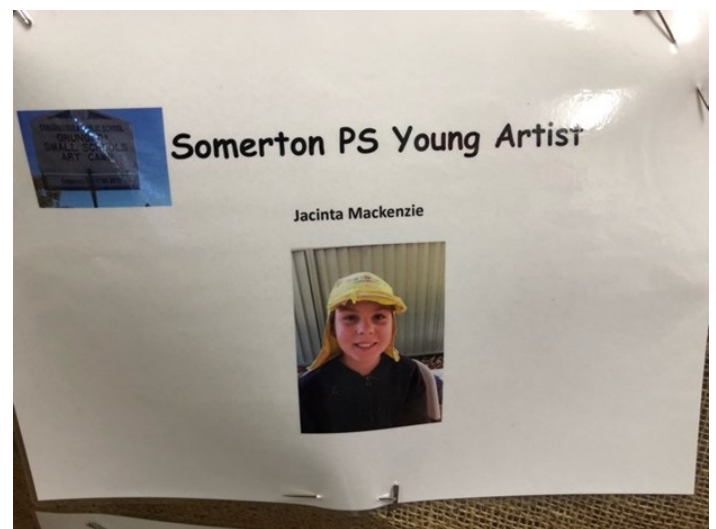
Hi my name is Jacinta Mackenzie and I am a Year 6 Leader here at Somerton Public School. I would like to tell you all about my art excursion I was lucky enough to go in Week 2.

It was Monday morning and my father and I arrived at Currabubula Public School. It is really beautiful and peaceful out there. I immediately became friends with two girls who arrived at the same time as I did. When our parents left, Bonnie, Rosie and Mark introduced themselves to us as the artists who would be working with us. We got straight into art, I was put into the Gu Gu Ga Ga group which means Kookaburra. First we went with Bonnie who showed us how to combine nature and art. Then, Rosie taught us all about the most important elements of earth. We created a painting together about fire, wind, water and earth. Next we spent time with Mark who played the didgeridoo. He showed us Aboriginal symbols and their meanings. We then used Mark's help to create a story and paint it. During the evening Uncle Len came to visit, and he showed us how to use water and dirt from a rock to make Ochre paint. Uncle Len also showed us how to make 'Johnny Cakes', once they were cooked we put kangaroo meat patties and jam on top. It was the yummiest bush food I've ever tasted.

While we were sitting by the fire, Mark was playing the didgeridoo, and Uncle Len was telling us some stories about the stars.

Tuesday morning we got up to a beautiful breakfast where we made masks out of plaster with the teachers. First up we went with Bonnie to do some art with drawing patterns. Then we went with Rosie, she told us to pick two pictures and I chose stars because they are so beautiful. We made a large painting and he asked us to place our hand prints all over it. Later that night we painted the night sky with the teachers. Dinner came and we got to make pizzas and decorate them with different ingredients.

Wednesday came around quickly and after breakfast we added more stars to our night sky painting. It was a very chaotic day finishing off all the artworks we had started. First up I went with Rosie, and then Mark to finish off the large hand print painting. Next I went with Bonnie to finish off the nature artworks; then all of a sudden I get a tap on the shoulder. It's my dad, I'm so happy to see him! It's time to go home now, but I had the best 3 days making art.



**STARTS
MONDAY
13TH MAY**



Children to be
Supervised by
responsible
adult at ALL
times please

Social Tennis Comp

Monday Nights at the
Somerton Tennis Courts
5.30pm Membership
Single \$10 Family \$20
\$5 per week played
Kids Play Free

Tennis courts are
located on the
corner of Rokeby
st and Bloomfield
st (below the
school)



Any more Information
please call Somerton
Hotel 02 67697683 Or
George Gardener
0429697746

COMMUNITY CLASSIFIEDS



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... to get kids involved in packing a healthy lunch box.

Getting kids involved in selecting – from healthy choices – what they would like to eat at school means they are more likely to eat what's packed in the lunch box.



Visit healthylunchbox.com.au and use our **interactive lunch box builder** with your children to plan a healthy lunch box.

Kids can choose lunch box foods from the pictures in each of the food groups to pack a healthy lunch box they will enjoy.

To help you plan for the week ahead, saving you time and money, you can email or print the lunch boxes your children pack online along with **personalised tips and recipes.**

healthylunchbox.com.au

Somerton War Memorial Hall

If you would like to hire this great facility please contact:

Ph: 0427 697 566

Somerton Hotel

Come join us for the Friday night weekly raffle at 7:30pm.

We look forward to seeing you there!

Ph: 6769 7683

Somerton CWA

The CWA meet on the second Tuesday of each month. All interested ladies are welcome.

Please contact Carol Bank (President) on 6760 6250 or Judi Swain (Secretary) on 6743 1701 for more information.



Educational & Health Specialists

Visiting Tamworth

18th & 19th July 2019

Providing Assessment, Planning & Intervention to Tamworth families



Dr Rachel Briggs
Clinical Psychologist
BPsych, BSc(hons), DCP/MSc, MACPA



Amanda Hicks
Working Memory, Learning & Reading Specialist
MAPhI, MAEdst, GradDipEd, BA,
GradDipTESOL, GradDipPsych (current)



Andrea Cooper
Senior Speech Pathologist
M.S.P.A. C.P.S.P.
B Speech Pathology (Honours)

"Calm Consultants look forward to welcoming these outstanding practitioners to Tamworth in 2019. Their in person expertise will be extremely valuable to the families of Tamworth."

Calm
CONSULTANTS
PROVIDING CALM TO ALL

Q: What do you provide?

A: Speech & Language Assessment, Learning Assessment, Dyslexia Assessment, Cognitive Assessment, Behavioural Analysis & Mental Health Assessment.

Q: Is this the same service as you provide in city locations?

A: YES. Our service is a remote service for regional families and offers the same level of expertise and service provided in city locations.

Q: How do we access this service?

A: Please email regionalspecialists@outlook.com with your name. We will send you a checklist and information on the service. We then organise the testing that is required and book you in for our next visit to Tamworth.

Q: Do you provide ongoing support?

A: YES. We offer a range of remote support services and linking with local services.

Limited appointments available

When?

18th & 19th July 2019

Where?

Calm Consultants, Tamworth

To express your interest in services for your child please email

regionalspecialists@outlook.com

P: 0423 584 808



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PLUS DEMOS FROM VANS AUSTRALIA TEAM RIDERS!

SUNDAY 26th MAY - 10:00am til 5:00pm

Corner of Macquarie and Peel Street

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