

Newsletter

Somerton Public School

Developing Respect, Responsibility, Resourcefulness

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Term 4 – Week 4

Tuesday 27 October 2015

Mr Reid's Message

'Get-To-Know-You' Afternoon Tea

Our community afternoon tea organised by Mrs Markwick (our Community Liaison Officer) proved to be a valuable time of chat and socialisation of our families. Even though there is often 'chat' at the gate at the end of the day when parents are collecting their students, this was a time where we were able to relax and enjoy each other's company and also gave us time to discuss and put forward some ideas to help our school and the wider community. I would like to thank Ali, Merry and the Road House Staff for providing the delicious sandwiches for the afternoon tea.



READ-A-THON:

Our Read-a-Thon commences this week. The students are reading every day in class for 30 minutes. They are very keen to complete their two weeks of commitment to the Read-a-thon as they have their goal prizes in mind that they are aiming for through their sponsorship donations. Just a reminder that all sponsorship money needs to be collected and returned to school by next Friday, 6th November, so that the students may receive their goal prizes by the end of the school year.



Next P&C Meeting

Thursday 5th November @ 6:30pm in the school staff room. Please take note of the time and date as we would love to see more of our parents and friends at our meetings. The P&C meetings are held once a term and we discuss all ideas put forward to benefit our school over a cuppa and a nibbles. We encourage all families to be involved as we are trying to reach out to the community and bring the community into the school. We look forward to seeing you then! ☺



Bush Kids First Aid

Young medical students visited our school last Wednesday and instructed the students on first aid procedures. It was an invaluable experience for the students and attached to the newsletter is a class combined writing task from the students explaining the activity.



Here are a few pics of their visit:



"On Wednesday 21st

October the doctors from Bush Kids First Aid visited our school to teach us some first aid techniques.

The first thing we learnt was how to do CPR. We used a baby, a child and an adult mannequin. Then we learnt how to treat a person who has been bitten by a snake, or been cut or burnt badly. We practised on each other using bandages for snake bites and cuts, and water and cling wrap for burns. Some of the most important things we learnt were to always check for danger and to call 000 for help.

Ben, Tiarna and Jye liked the CPR training most of all because it showed how difficult it is to do CPR. Koby, Charlotte, Macey, Annie and Wade enjoyed practising bandaging open wounds. Ella, Naomi, Benny, Shannon, Tiara and Nicholas liked learning about snake bites because it usually happens on the farm. Brendan really enjoyed learning about the dangers of burns and how to treat them"

Combined Students Account

Inter-school Dance with Attunga PS

This Friday, Attunga PS will be visiting us for a day of dance, games and fun from 11:00 to 2:00pm. We have been practising our dances which include bush dances, modern and old time dances. The students are looking forward to dancing together with their Attunga friends. We are also having a sausage sizzle for lunch. All parents and friends are welcomed to attend.



Concept of the Week: Grandparents Week!

These special family members are often the lynchpin to our families. Their wisdom, life experience, love and patience provide our students often with a different but very relevant perspective on life matters. We should be truly grateful and appreciative for their presence in our lives, whether they live close by or at a distance. This week we are celebrating these special people in our lives and our community.



Assembly Awards

Congratulations to Benny Markwick who received his first Silver Award at our School Assembly last Monday. This award means that Benny has received 5 white merit awards for his overall effort in his class, his attitude to learning and school spirit. Well done Benny!



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White Merit Awards:

Jye Booby-Woodward, Koby Heywood

Terrific Award:

Charlotte Heywood

Superstar Award:

Brendan Colley



Why not visit our Website:

<http://www.somerton-p.schools.nsw.edu.au>

Kindergarten

Our Kindergarten orientation program will commence next week (Week 5). Please contact the school for more information.

SCHOLASTIC

Book Club

Book Club is due this **Friday 30th October 2015**. **Issue 7, 2015** orders & payment can be returned to school in an envelope with your child's name clearly marked on it.



Books in Homes

The students were very excited last week to take home their new books from the 'Books at Home' program the school is running. The students are able to select 2 books from a selection sent to the school at no cost to the students. The books are delightfully presented and are very appealing as there are books for all age groups. We hope the students and their families have many happy hours reading and enjoying their new books.



CWA Invitation

Somerton C.W.A. would like to extend invitation to all school mothers to attend their meetings. They are held in the Somerton Hall @ 9.30am with morning tea & the meeting to start at 10 am. The meetings are held on the 2nd Tuesday each month. Please contact Judith Doyle on telephone 6769 7563 for more information.



FARRER MEMORIAL AGRICULTURAL HIGH SCHOOL – TAMWORTH

Selective Schools applications now open online

Farrer is the only all-boys government Agricultural high school in Australia & would like to inform parents of current Year 5 students, that **registration for Year 7 2017** is now open online.

To register your son to sit the Selective Schools test visit the Farrer website and follow the Selective Schools link. Applications close 16th November. For further enquiries contact Farrer on 6764 8600.



TERM 4 2015 DATES:

4	26 Read-a-Thon 2pm: Grandparents Afternoon 2:30pm Assembly	27 Read-a-Thon	28 Read-a-Thon	29 Read-a-Thon Music Library	30 Read-a-Thon 10am-Netball Attunga PS Visit Home Readers Numeracy @ Home
5	2 November Read-a-Thon 3pm Assembly	3 Read-a-Thon	4 Read-a-Thon	5 Read-a-Thon 9:30-11:30am: Kinder Orientation Music Library	6 Read-a-Thon 10:30am- CAPERS <i>Please send in</i> <i>payment &</i> <i>permission notes</i> Home Readers Numeracy @ Home
6	9 3pm Assembly	10	11	12 9:30-11:30am: Kinder Orientation Music Library	13 10am-Netball Home Readers Numeracy @ Home
7	16 3pm Assembly	17	18	19 Music Library	20 10am-Netball Home Readers Numeracy @ Home
8	23 3pm Assembly	24	25	26 Library	27 10am-Netball Home Readers Numeracy @ Home
9	30 3pm Assembly	1 December	2	3 Library	4 Home Readers Numeracy @ Home
10	7 3pm Assembly	8	9	10 6pm: Annual Presentation Night	11 Home Readers Numeracy @ Home
11	14	15 6pm: Year 6 Farewell	16 Students last day for 2015 Happy Holidays ☺	17 Staff Development Day	18 Staff Development Day NOTE: No staff will be present @ school today

Whooping Cough Alert

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for [information for childcare and schools about whooping cough](#).



**DURI HARBOUR
BOAT RACE**

Races start at 1.00pm

*Make your own 'boat'
or race one that is
already made.*

*Teams of 2 or 4 race
around an obstacle
course*

*Registration on the
day – up till 11.30am*

*Kids races, Adult
races, Seniors Races*

Entry Fee:

\$5.00 / 2 person boat

\$10.00/ 4 person boat

**GET YOUR TEAM
TOGETHER NOW**



DURI HARBOUR BOAT RACES

15th November 2015

Duri Sportsground

cnr Dungowan Rd and Werris Creek Rd Duri

10.00am to 3.00pm

Car Boot Sale, Plant Stall,

Raffles, Lucky dips

Craft for the kids

Face Painting

Jumping Castle

BBQ and Canteen available

Something for everyone

**Come and HAVE A GREAT
FAMILY DAY OUT AND
Support Duri Public School and
Duri Progress Association**

Car boot sale site \$15

*Enquires or to book a car boot site please
phone Billie 0429 355 148 or*

Natalie 0408 732 890

Families Getting NDIS Ready

Have you got a family member with developmental disability? Do you live in the Hunter New England or Central Coast area?

The National Disability Insurance Scheme (NDIS) is coming to you from July 2016. Make it work hard for your family member!

- ♦ Tools for advocating on behalf of your family member in the NDIS environment
- ♦ What could a typical life look like for a person with disability? How you can use the NDIS to achieve this vision for your family member
- ♦ What you should know before meeting the NDIS planner
- ♦ What's worked? What hasn't? Benefit from the learnings of others
- ♦ Hear about the details of the NDIS process



Moree Services Club	Tuesday	10 November
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Tamworth Services Club	Wednesday	11 November
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Muswellbrook RSL Club	Thursday	12 November
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Wyong Race Club	Friday	13 November
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A free workshop for families

[Register online](#) or call 1800 620 588

Families Getting NDIS Ready

9:30 AM - 2:00PM

Registrations from 9:00 AM. Morning tea and light lunch included.

Thinking big and raising expectations - What is the best life for my family member?

Workshop ideas for a meaningful life and what supports might be needed to achieve it

Walk the journey with Caroline whose 15 year old daughter is accessing the NDIS. How can the NDIS work for your family member? Shaping the NDIS to fit with your plans for your sons and daughters

Is the NDIS the answer? Hear about the strengths and the pitfalls.

Walk away with your ideas and plans started

Caroline Daley became aware of the different life path expected of someone with significant disabilities after her daughter, Siobhan, was born. Not understanding, or accepting, why life should be any different due to disability, Caroline has advocated for a typical life for her daughter ever since. Siobhan, a typical 15 year old - who just happens to use a powerchair and communication device – became a Participant of the NDIS in September 2013 and is now on her 3rd Plan. Caroline self-manages the plan using a combination of agency, contractor and directly employed staff to meet Siobhan's goals.



family

A D V O C A C Y

Family Advocacy is an independent and impartial advocacy organisation that works with families across NSW to promote and defend the rights and interests of people who have a developmental disability*. Our aim is to achieve positive social roles for people with disability through the development of advocacy by families and by strengthening the knowledge, role and influence of the family.

An initiative of **Family Advocacy, resourcing FAMILIES** works with families who have a family member with developmental disability*. We provide information, ideas and resources about developing a positive vision for the future, building informal supports, establishing networks, and creating community connections within people's lives.

*Developmental disability includes but is not limited to: autism, intellectual disability, cerebral palsy, spina bifida and multiple disability.

www.family-advocacy.com

1800 620 588