***Mrs Bishop’s Message***

**SRC Pie Drive**

C:\Users\mfritze\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\FYIUBBG1\MC900334460[1].wmf A HUGE thank you to Mrs Price for organising our pie drive. What a big job she had! Many thanks to all those who bought pies & got orders from friends &family. We made around $125!

**Work Experience**

This week we welcome Bronte Mason who is with us for the week. Bronte will be working in the classroom with Mrs Price & Mrs Bishop. Welcome Bronte. We hope you have a fantastic week with us.

**Book Week**

Don’t forget the Book Week Parade is this Wednesday. Our students are being encouraged to come dressed as something to do with cows.

Our parade will start at 2:45pm & will be followed by an afternoon tea. All are welcome to attend.

**Active After School**

This week we started doing circus training in Active After School sport. I wonder what tricks our students will get up to?? Here are some pics from last week.

**Somerton Property Brands**



[](http://www.google.com.au/url?sa=i&rct=j&q=cattle%20brand&source=images&cd=&cad=rja&uact=8&docid=4ZTQuGca5GqzXM&tbnid=GIVOyDosrXbAFM:&ved=0CAUQjRw&url=https://miltontan.wordpress.com/category/design/&ei=J77yU6yZN42D8gXhg4CQBg&bvm=bv.73231344,d.c2E&psig=AFQjCNE2axHzeMPJyjXcx55mfb6nwBNQBQ&ust=1408503694046507)As part of the **Picasso Cow Competition** with the Dairy Corporation we are involved in, part of the requirements are that we decorate our cow. We are looking at getting a copy of as many local property brands as

possible to put onto our Picasso Cow to help celebrate our local farming families. If you would like to get your property brand (either cattle brand, sheep brand or wool bale stencil) onto our cow, please send / email / fax / drop in a copy or image to our school. Our email is [somerton-p.school@det.nsw.edu.au](mailto:somerton-p.school@det.nsw.edu.au) and our fax number is 6769 7400.

**Father’s Day Stall**

If you haven’t already done so, please send in your notes & money **ASAP**. Our Father’s Day Stall will now be held on **Friday 5th September** in time for Father’s Day.

**School Photos**

C:\Users\mfritze\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\FYIUBBG1\MC900437565[1].wmfSchool photos will now be taken on **Wednesday 27th August @ 9:30am** (please note date is incorrect on envelopes). Photo order envelopes have been sent home. Please note that you can order online this year, a much faster & easier way to order. Attached is more information & instructions for ordering. There is a school Online Code supplied on the order envelope. If you need any help with ordering or require a sibling order form please contact Michelle on Tuesday, Thursday or Friday this week.

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**P&C News**

*Next P&C meeting:*

***Thursday, August 28th at 3:15pm***

*The Somerton PS P&C Association has a long and proud history of supporting the students of our local community. This support has come in various forms, but most recently mostly through it's financial support for activities such as Swim School and uniforms.*

*Unfortunately we are at a crisis point with the P&C. With reduced numbers, at recent meetings we have not had sufficient numbers for a quorum. Please make it a priority to attend this meeting to allow us, as a school community, to discuss and make decisions as to how we can best function as a P&C to continue the tradition of support and fundraising for our students.*

**Good for Kids** good for life

**Getting kids active**

Children should get a least 60 minutes of physical activity every day, including vigorous activities that make them “huff and puff”1.

Physical activity doesn’t all have to happen at the one time. It can be accumulated throughout the day by walking or riding to and from school, being active at school in PE and break times, active play at home or taking part in organised sport outside of school.

Be a good role model and have a positive attitude to being active. If your children see you enjoying physical activity and having fun, it can motivate them to join in.

Below is a home fun activity that you can enjoy with your children that will make them huff and puff by practising the dodge.

Dodging is a locomotor skill that involves a high degree of balance, stability and change in direction2. It is common to many playground games and activities and is an important skill in the majority of team sports2.

**Artful Dodger 2**

* One partner stands behind the other.
* On ‘go’ the front person runs around changing direction regularly.
* On ‘stop’ both players freeze. If the back person can take one step and touch the front person they become the new dodger.

**Reference:**

1 “Get active each day” fact sheet accessed from [www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)

2 Q4: Family Activation Pack <http://www.healthpromotion.com.au/CIM/Family_Activation_Pack.htm>





logo_scholastic

MC900440424[1]Book Club went home last week.

**Issue 5, 2014** orders & payment must be returned to school by **Friday 22nd August 2014** in an envelope with your child’s name clearly marked on it.

**Intelligence**

Did you know that intelligence is a work in progress? Here are some simple things you can do to get smarter.

1. Write down what you learn
2. Make a ‘did’ list and celebrate what you have achieved
3. Do random new things – you never know what will be useful ahead of time
4. Play board games and do jigsaws.

[](http://www.bostonmagazine.com/health/blog/2012/10/05/improve-brain-health-decrease-risk-dementia/)

**TERM 3 DATES**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **July** 14  SDD | **15**  CWA luncheon – student presentation | **16** | **17**  No Playgroup | **18** |
| **21** | **22**  Last session for Parent Literacy & Numeracy Course | **23** | **24**  Playgroup  AASC-Cancelled | **25** |
| **28** | **29** | **30** | **31**  Playgroup  P&C - 4pm AASC-Tennis | **August 1**  Jeans 4 Genes Day  Education Week Open Day 11:30 – 1:00pm  Tree Day |
| **4**  Bective Athletics Carnival | **5** | **6** | **7**  Playgroup  **Pie Drive Orders Due**  AASC | **8** |
| **11** | **12**  Presentation for Parent Literacy & Numeracy Course | **13** | **14**  AASC | **15** |
| **18**  **Your Pie Drive Orders Delivered- Pickup up from school** | **19** | **20**  2:45pm - Book Week Parade & A/noon Tea | **21**  Playgroup  AASC | **22**  Years 3 & 4 Great Aussie Bush Camp final payment & notes due  Book Club orders due |
| **25** | **26** | **27**  9:30am-School Photos (note change of date) | **28**  Playgroup  3:15pm P&C Meeting  AASC | **29** |
| **Sept** **1**  Years 3 & 4 Great Aussie Bush Camp | **2**  Years 3 & 4 Great Aussie  Bush Camp | **3**  Years 3 & 4 Great Aussie  Bush Camp | **4**  Playgroup  AASC | **5**  Father’s Day Stall |
| **8** | **9** | **10** | **11**  Playgroup | **12** |
| **15** | **16** | **17** | **18**  Playgroup | **19**  Last day of Term 3 |